

# CHARLES P. PREZZIA, M.D.

P.O. Box 434 ♦ Clinton, Pennsylvania 15026 ♦ Office (724)-899-5029 ♦ C (724) 650-2171 ♦ Fax (724) 899-3444  
email: [drprezzia@prodigy.net](mailto:drprezzia@prodigy.net) website: [www.occusystems.com](http://www.occusystems.com)

## SUMMARY

A highly accomplished and innovative **CLINICIAN AND MANAGER** with broad-based expertise in occupational health and general healthcare both clinical and administrative. Clinical abilities include direct patient care and expert witness evaluation and testimony. Administrative abilities include the following: Assesses and improves the delivery of onsite benefits for an organization. Collaborates with internal and external parties to promote wellness, prevent disease and minimize disability by focusing on individuals. Institutes innovative programs to realize extensive cost savings for an organization and quality healthcare for the individual.

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|-------------------------|-----------------------|-------------------------|
| ◆ OCCUPATIONAL HEALTH   | ◆ OSHA                | ◆ WORKERS' COMPENSATION |
| ◆ DISABILITY MANAGEMENT | ◆ QUALITY ASSURANCE   | ◆ REGULATORY COMPLIANCE |
| ◆ SAFETY                | ◆ HEALTHCARE BENEFITS | ◆ STRATEGIC PLANNING    |

## KEY ACCOMPLISHMENTS

- ◆ **Founder and Principal, I-DOhC (Integrated Disability and Occupational health Consultants):** Currently providing direct 24/7/365 consultative services to all clients as well as onsite medical services for one client. All clients with greater than one year's service records have experienced improved safety records as demonstrate by up to 70% decreases in both OSHA recordability and severity statistics as well as improved healthcare of employees with workers compensation injuries and illnesses leading to decreased employee disability and associated costs.
- ◆ **Safety and OSHA recordability:** Implemented multi-national and multi-site comparisons of occupational injury and illness cases, according to medical requirements of OSHA-base recordkeeping, enabling valid comparisons of safety records of facilities for numerous corporations including improvement of one Fortune 200 corporation's site from worst performing to first 2,000,000 hour period without a lost time accident. Instituted OSHA-based medical management of cases contributing to 70% reduction in severity rate as well as enabling achievement of safety incentive for annual bonus for another Fortune 200 multi-national.
- ◆ **Disability Management/Workers Compensation:** Established effective case management in workers' compensation in multi-national Fortune 100 Corporation, improving quality and delivery of health care to patient-employees while improving communications between third party payers, employee-patients, healthcare systems, and private physicians, Concurrently costs were reduced on an annual basis from \$25,500,000 to \$18,300,000, as well as reserves from \$180,000,000 to \$70,000,000. Assumed management of non-occupational disability absences from insurance vendor, reducing absences 45% from 750 to 450 while workforce expanded by 30% while achieving savings in benefits and overtime of \$15,000,000 per year.
- ◆ **Healthcare Quality and Fitness for Duty:** Instituted metrics and processes, including audits and A.C.O.E.M occupational medical practice guidelines for multi-site medical departments of two Fortune 100 multinational corporations. Established processes and metrics to ensure complete and timely compliance with OSHA and safety-related surveillance examinations as well as assure accurate physical-related classifications of employees in safety-sensitive positions while in compliance with ADA requirements. Championed JobAble program to classify represented job position by essential functions to ensure correct matching of individual employees while maintaining ADA compliance and safety requirements.
- ◆ **Healthcare Benefits:** Collaborated with healthcare benefits of corporation in instituting wellness program to reduce total healthcare costs and improve individual employee health/productivity. Also worked closely with healthcare benefits in selecting and completing healthcare data warehouse project with MedStat and University of Michigan's health resource center to analyze and plan methods to improve employee healthcare as well as reduce unnecessary costs.
- ◆ **Expertise:** Only corporate medical director to testify live on proposed ergonomics standard from scientific as well as technical basis. Past-Chairman of ACOEM's Ergonomics Committee, past Vice-President and Director of Pennsylvania Self Insurer's Association, Author of peer-reviewed articles on carpal tunnel syndrome and disability management including workers compensation among numerous others. Has performed Independent Medical Evaluations (IMEs) as well as Job Site Causality Evaluations (JSCE) and testified in FELA, tort, and Workers Compensation cases in areas of expertise.
- ◆ **Initiative:** Founded and successfully managed the largest privately held occupational health practice in the Great Lakes region, Occupational Care Consultants, Inc., which provided service at 5,000 patient visits per month at two outpatient

clinics in 1998 as well as 10 in-plant medical departments including Ford Motor, Marathon Oil, BP, Sunoco, Whirlpool, Libby Glass, Owens-Illinois and National Standard. [www.occhealth.com](http://www.occhealth.com)

- ◆ **Drug-testing:** Certified by both MROCC and AAMRO as MRO. Member of Board Directors of MROCC. Expert in both regulated (DHHS, DOT, etc.) and non-regulated testing.

## EXPERIENCE

**I-DOHC (INTEGRATED DISABILITY AND OCCUPATIONAL HEALTHCARE CONSULTANTS)**

Clinton, Pennsylvania

**PRESIDENT AND FOUNDER**

**1/2010-PRESENT**

**CURRENTLY CONSULTING FOR A FORTUNE 50 CORPORATION ON MEDICAL QUALITY ASSURANCE PROGRAMS AS WELL AS CONSULTING PHYSICIAN AND CLINICIAN FOR MEDICAL CENTER OCCUPATIONAL HEALTH PROGRAMS AND NUMEROUS ORGANIZATIONS FOR WORKERS COMPENSATION CASE MANAGEMENT AND INTEGRATED DISABILITY MANAGEMENT.**

**PARTIAL LIST OF CURRENT AND PAST SERVICED ORGANIZATIONS INCLUDE THE FOLLOWING:**

- **CORVEL**
- **ELLIOT GROUP,**
- **ALLEGHENY LUDLUM (CORPORATE AS WELL AS BRACKENRIDGE AND MIDLAND FACILITIES),**
- **HARSCO**
- **MARATHON OIL,**
- **MARATHON PETROLEUM**
- **TMK-IPSCO (AMBRIDGE AND KOPPEL, PA FACILITIES AS WELL AS NEWPORT, KY),**
- **CONCAST METAL PRODUCTS COMPANY**
- **UNION ELECTRIC**
- **AMERIHEALTH COMPSERVICES**
- **WEST-PENN ALLEGHENY HEALTH SYSTEMS – AVH HOSPITAL, AND**
- **WESTINGHOUSE**

**OFFICE MAILING ADDRESS: P.O. BOX 434**

**CLINTON, PA. 15026**

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**F: 724-899-3444**

**USX (LATER UNITED STATES STEEL) CORPORATION**  
**General Manager, Health Services and Chief Medical Officer**  
**9/1998 – 7/2009**

Pittsburgh, Pennsylvania

1998-2009

Held responsibility for direct and dotted-line reporting for in-plant medical departments; executive healthcare; medical aspects of OSHA recordkeeping and compliance; expatriate and inpatient healthcare; integrated disability management, including Worker's Compensation and self insurance; as well as employee assistance programs, including psychiatric managed care, domestically and internationally.

**OCCUPATIONAL CARE CONSULTANTS, INC. ( [www.occhealth.com](http://www.occhealth.com) )**

**President and Founder**

**9/1987 – 8/1998**

Holland, Ohio

1987-1998

Opened small office at St. Charles Hospital in Oregon, Ohio as joint venture. Expanded private practice and incorporated company as professional-service corporation with two offices, servicing needs of workers and over 900 smaller employers in

area of occupational health in addition to staffing in-plant medical departments of Ford Motor facilities, Sunoco Toledo Refinery, Whirlpool, Libby Glass, and others. Recruited and initially trained current owners, Drs. Paul Eby and Thomas Lieser.

## RESIDENCIES

UNIVERSITY OF CINCINNATI, Cincinnati, Ohio, **Occupational Medicine**, 1986-1987.

WRIGHT STATE UNIVERSITY, Dayton, Ohio, **Internal Medicine**, 1985.

GOOD SAMARITAN HOSPITAL, Dayton, Ohio, **Family Practice**, 1982-1984.

## ACADEMIC EDUCATION

CARNEGIE MELLON UNIVERSITY, Pittsburgh, Pennsylvania  
M.M.M. (Honors), Medical Management, 2002

MEDICAL COLLEGE OF WISCONSIN, Milwaukee, Wisconsin  
M.P.H. (Outstanding), **Occupational and Preventative Medicine**, 1991

OHIO STATE UNIVERSITY, Columbus, Ohio  
M.D., 1981

AMHERST COLLEGE, Amherst, Massachusetts  
B.A., **Physics (cum laude)**, 1978

## CERTIFICATIONS

*Medical Review Officer, Medical Review Officer Certification Counsel*, 2008, 2003, 1998, 1994

*Medical Review Officer, AAMRO*, 2013, 2007, 2003, 1997, 1992

*Board Certified in Family Practice, American Board of Family Medicine*, 2005, 1998, 1992, 1985

*Board Certified in Forensic Medicine (Life), American Board of Forensic Examiners*, 1995

*Board Certified in Occupational Medicine (Life), American Board of Preventive Medicine*, 1992

## LICENSES

*State of Indiana*, 2008

*Commonwealth of Pennsylvania*, 1998

*Michigan State Medical Board*, 1993

*Diplomate of National Board of Medical Examiners*, 1983

*Ohio State Medical Board*, 1983

*Drug Enforcement Administration*, 1983

## STAFF APPOINTMENTS

*Mercy Hospital of Pittsburgh, Courtesy Staff, Department of Family Practice*, 1999-current

*UPMC Presbyterian, Affiliate Staff in Department of Family Medicine*, 2000-current

*St. Clair Hospital*, 2003-current

*St. Charles Hospital, Chief, Section of Occupational/Preventative Medicine, Department of Internal Medicine*, 1990-1998

## PROFESSIONAL APPOINTMENTS

*Occupational Health Management, Editorial Board*, 1991-2007

*American College of Preventive Medicine, Fellow*, 1992-present

*American Academy of Family Physicians, Fellow*, 1992-present

*American Industrial Hygiene Association, Occupational Medicine Committee*, 1992-2009

*American Industrial Hygiene Association, Medical Surveillance Committee*, 1992-2009

*Industrial Commission of Ohio, Specialist Examiner, Occupational and Environmental Medicine*, 1992-1998

*State Medical Board of Columbus, Ohio, Medical Review Specialist*, 1992-1998

*Royal Society of Medicine, Fellow*, 1993-current

*American College of Occupational and Environmental Medicine, Fellow*, 1994-current

*Official Disability Guidelines Editorial Advisory Board, Work Loss Data Institute, Member, Editorial Advisory Board*, 1995-current

*Ad-Hoc ACOEM Ergonomics ANSI/OSHA Task Force, Chairman*, 1998-2009

*Pennsylvania Medical Society, Member, 1999-current*  
*Allegheny County Medical Society, Member, 1999-current*  
*Medical Review Officer Certification Council, Director, Board of Directors, 2002-current*  
*National Council of Self-Insurers, Member, Board of Managers, 2004-2009*  
*Pennsylvania Self-Insured Association, Director, Board of Directors, 2004-2009*  
*Ramazzini Society of Occupational Medicine, 2005-current*  
*Pennsylvania Self-Insured Association, Vice-President, 2005-2009*  
*Corporate Medical Directors Forum, Member, 1999-2007*  
*American College of Occupational and Environmental Medicine, Chairman, Ergonomics Committee, 1996-1998*  
*American College of Occupational and Environmental Medicine, Vice Chairman, 1995-1996*  
*American College of Occupational and Environmental Medicine, Representative, OSHA Ergonomic Standard Meeting, 1995*  
*Michigan Occupational and Environmental Medical Associations, Director, 1995-1997; 1993-1994*  
*AHIA Conference, Session Arranger, 1994*  
*American College of Occupational and Environmental Medicine, Master, 1992-1994*  
*American College of Occupational and Environmental Medicine, Ad Hoc Committee of Workers' Compensation, 1992-1994*  
*American Industrial Hygiene Association, ADA Subcommittee, 1992-1993*  
*Ohio State Medical Association, Workers' Compensation Committee, 1991-1994*

#### **ACADEMIC APPOINTMENTS**

*University of Pittsburgh, Adjunct Clinical Professor, Department of Occupational and Environmental Health, 2000-2009*  
*Medical College of Ohio, Assistant Clinical Instructor, Occupational Medicine, 1990-1998*  
*Medical College of Ohio, Adjunct Assistant Professor, Occupational Health, 1993-1998*  
*Medical College of Wisconsin, Assistant Clinical Professor, Department of Preventative Medicine, 1994-1995*  
*Wright State University College of Medicine, Junior Clinical Instructor, Department of Internal Medicine, 1985*  
*Wright State University College of Medicine, Assistant Clinical Instructor, Department of Family Practice, 1982-1984*